

MINUTES: Healthy Carolinians of Macon County – Chronic Disease Committee

DATE: February 3, 2009

PLACE: Angel Medical Center

TIME: 8:30 – 10:00 AM

ATTENDEES: Rhonda Blanton, Teresa Breedlove, Sherry Dills, Jennifer Garrett, Mike Grubermann, M. R. Hall, Jennifer Hollifield, Larry McDonald, Kathy McGaha and Yvonne Smith

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Teresa Breedlove welcomed everyone to today’s meeting of the Chronic Disease Committee. Ms. Breedlove asked the committee members to review the minutes of the last meeting. Jennifer Garrett motioned for the approval of the minutes. Mike Grubermann 2 nd the motion, with a unanimous vote for approval.		
Breakfast	Breakfast was provided by Angel Medical Center. Please thank Teresa Breedlove and her staff.		
State Smoke-free Worksites and Public Places Bill	<p>Kathy McGaha informed the committee members that N.C. House Majority Leader Hugh Holliman has sponsored a bill in the House of Representatives. (House Bill 2 – Prohibit Smoking in Public & Work Places)</p> <p>Ms. McGaha said that Mr. Holliman had introduced this same bill last year. Ms. McGaha reviewed how our local legislators voted on this bill.</p> <p>Ms. McGaha asked the committee members the best way to inform the members of HCMC about this bill and ask for their support. After a group discussion, the committee members suggested that Ms. McGaha compose bullets with key informational facts and website information. Ms. McGaha will also ask HCMC members to forward this information on to other groups. Once Ms. McGaha has this information ready, Rhonda Blanton will email this information to the HCMC members.</p>	<p>Kathy McGaha will compose bullets with key informational facts and website information.</p> <p>Rhonda Blanton will forward this information onto the HCMC members.</p>	
Regional Obesity Project	Kathy McGaha and Jennifer Garrett recently attended a brainstorming session for the Regional Obesity Project. Ms. McGaha and Ms. Garrett are serving on the Strategies for Success Committee, which is currently in the process of setting goals and interventions.		

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	<p>Ms. McGaha said that three working committees were organized to work on developing a Comprehensive Regional Initiative. The three committees are:</p> <ol style="list-style-type: none"> 1) Focus on children and their families: “Strategies for Success” Committee 2) Mobilize the larger community: “Community Engagement” Committee 3) Public Policy Opportunities to reduce obesity: “Policy Committee” <p>Ms. McGaha asked the committee members if they wanted to volunteer to serve on one of these committees. Ms. McGaha said if they wanted to volunteer, she would forward their names onto John Graeter for consideration.</p> <p>The committee members volunteered for:</p> <ol style="list-style-type: none"> 1) Strategies for Success – (Kathy McGaha and Jennifer Garrett), M.R. Hall, Larry McDonald 2) Community Engagement – Teresa Breedlove, Yvonne Smith, Mike Grubermann, Rhonda Blanton 3) Policy Committee – Sherry Dills, Jennifer Hollifield (will let Kathy know) 		
Next Project	<p>At the last meeting, Kathy McGaha had asked the committee members to consider ideas for this committee’s next project. Ms. McGaha led a group discussion to further consider a couple of topics.</p> <ol style="list-style-type: none"> 1) A+ Fit Schools <ul style="list-style-type: none"> ▪ Ms. McGaha said this topic had been discussed in a recent Parent Advisory Meeting and brought to her attention. ▪ Ms. McGaha reminded the committee members that Rhonda Blanton had brought the A+ Fit Schools information to our last meeting. Ms. Blanton said it had been sent to 		

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	<p>her because of her connection with the FHS Athletic Boosters Club.</p> <ul style="list-style-type: none"> ▪ Ms. McGaha informed the committee members that Larry McDonald is filling out the A+ Fit Schools grant application for one school in Jackson County. ▪ Ms. McGaha asked the committee members if they wanted to consider if this could be a possible future project for this committee to undertake. ▪ After a group discussion, the committee members were in agreement to consider one school in Macon County to work with. The first suggestion was Cartoogechaye Elementary School. ▪ Ms. McGaha will bring this suggestion up in the upcoming SHAC meeting on Thursday. Ms. McGaha said she would next talk with Mr. Brigman about this idea. ▪ Ms. McGaha said one issue that will need to be decided is what agency or agencies will be the lead agency on this project. <p>2) COPP Interventions?</p> <ul style="list-style-type: none"> ▪ Ms. McGaha asked the committee members to consider if there any interventions from the COPP project that this committee could work on. The committee members asked to consider this further. 		
Other Items for Discussion	<p>Other Items for Discussion were:</p> <ul style="list-style-type: none"> ○ Jennifer Hollifield announced that the TRI-Fit equipment just came in and Macon County would have it till April 9th. For this committee to use the equipment, the next meeting will need to be at the Health Department. 		
Next Meeting Date	<p>The next meeting of the Chronic Disease Committee will be held on Thursday, March 19th, from 9:00 – 10:30 AM</p>		

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	in Meeting Rooms A/B at the Health and Human Services Building.		